

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Nic Rogers**

Has successfully participated & completed the  
**5km Shift Wellness - Trail Run, The Shift Series**  
held at Walter Sisulu Garden.

**TIME 01:12:00**

**PACE 14:24/km**  
**OVERALL 87 of 97**

**GENDER 31 of 31**  
**14 - 19 3 of 3**

23 June 2019, Sun

Date



*BoutTime*

Signature

